

**SPOTLIGHT ON THE WOMEN'S CLUB**  
**Caring Cooks - Ronald McDonald House**  
**Raquel DeMillio**

*"There is no exercise better for the heart than reaching down and lifting people up."  
John Andrew Holmer*

We have reported on many of the "good deeds" the members of the Women's Club have accomplished. Here is one of the volunteer efforts our members support.

Do you like to cook? So do the Women's Club Caring Cooks, providing a home-cooked meal for the families who are staying at the Ronald McDonald House in New Brunswick. The Caring Cooks Program was formalized in 2008 at Ronald McDonald House and in 2014, became organized online. We're told the Stonebridge Women's Club is to be commended as an ever-present, outstanding asset. The families temporarily reside at the House because they have a child receiving treatment for a serious illness at the Hospital there. In teams of two, the cooks prepare their own simple menu for this home away from home for a family struggling with creating normalcy amid the medical challenges of their young son or daughter. Never meeting the grateful recipients, the Caring Cooks use the amazing kitchen at Ronald McDonald House to prepare whatever they think will add to the comfortable routine the House provides. When the family returns, the cooks are long gone that day, well aware they've accomplished a very good deed. After a day of medical procedures, a flavorful meal gives just the right reassuring and calm relaxation.

You can sign up for cooking on any day, once a month or more often, whatever you choose. The Women's Club reimburses the cooks for the cost of the food supplies. Pat Marino heads up the Women's Club Caring Cooks Program and can be reached at 609-655-7604 and [pdefeo917@yahoo.com](mailto:pdefeo917@yahoo.com) for further information and scheduling to cook a meal.

Why not give an emotional boost through spreading your cooking skills to a family who'd really appreciate it? Caring Cooks perform this much needed loving exercise.

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Reminder of Next Upcoming Event: Thursday, August 18 – Ice Cream Social and Dance Party