

STONEBRIDGE WOMEN'S CLUB UPDATE

To Our Membership from the Executive Board

July 27, 2020



Great news! Our Women's Club is excited to announce the approval of a professional, comprehensive Women's Club Website by our Executive Board! This Website will serve as a platform to showcase our remarkable Club, provide information about its objectives and ventures and communicate up-to-date events and activities. We will keep our members apprised of the progress and anticipated launch date of this Website.



“We cannot always build the future for our youth, but we can build our youth for the future.”
~ Franklin Delano Roosevelt

Our Women's Club recognizes that education serves as the cornerstone of our society and, therefore, has perpetuated our pledge to sponsor scholarships for deserving high school seniors.

This year, Monroe Township High School educators selected three praiseworthy students as recipients of the Stonebridge Women's Club Brenda Belgard Memorial Scholarships. As a result of their resolute scholastic efforts and their stirring essays about the effects of social media on their lives, BCR, KS and GP were honored at the Monroe Township High School virtual awards ceremony.

KS has expressed her appreciation to our Women's Club for our generosity and has consented to the publication of her work. Her composition represents the second of three writings we are releasing to our membership. KS's essay reveals her extensive reflections of both the positive and negative aspects of social media.



How Social Media Has Affected Me and My Relationship with Peers and Family

by KS

Social media, in today's world, is one of the most controversial topics. Social media has made it much easier to connect with friends and family, but it has also distanced so many people, including myself, from reality. Because of social media I am able to connect with my peers and family members even if I am not near them. I am able to see what new experiences they are having and how their life is going. Social media has brought me closer to my family who lives farther away from me. Social media has also made it easier for my peers and me to spread awareness about issues that we are passionate about. Social media apps make it easier to gain a following to spread awareness and to influence others. However, social media also has many negative effects to it. Whenever someone posts something on social media it automatically allows the judgment of others to come creeping in. Although it does connect us to each other, it also allows us to judge and hurt each other. I have first-hand seen how judgmental people can be towards their own friends because of what they post on social media.

Social media has served as a form of entertainment for me, but at times has become too much. I have caught myself becoming distracted because of social media. There have been instances where I go onto social media as a break from my work, and I find myself on it for over an hour. I have had to take breaks from social media because it serves as a distraction and can become a negative aspect in my life. Although there are many negative aspects of social media, I do appreciate having a platform where I can talk about what I feel is important. At times it can be a very shallow environment, but there are moments when all of social media is on the same page of spreading awareness about a certain topic or issue. It can serve as a place where important information, which is not always broadcasted on the news, is spread. Additionally, I value the ability of social media to bring people closer together. Social media platforms have allowed me to regain contact with friends, peers, and family members. It makes sharing conversations and memories much easier. Social media has given me the opportunity to build relationships and strengthen existing ones as well. Throughout high school, social media has become a bigger part of my life than it used to be. I have used it more often to connect with peers than I ever thought I would use it. Because technology has constantly been integrated into my education, so has social media. I view this integration as beneficial to my education since it has exposed me to more of the world's issues.



Our Women's Club applauds KS for her academic accomplishments and perseverance in overcoming the myriad of challenges faced by students during this unprecedented school year, disrupted by the pandemic. We wish KS success on her higher education journey and pursuit of her future career path.

